



# The Roundabout

*Maryburgh's Free Newsletter*

Issue 129

June 2020 – September 2020

*The social distancing and lockdown edition!*

Thank you to all  
key workers and  
volunteers!

The brightest rainbows follow the  
darkest rainstorms.

Any articles, craic, birthdays or events to share with the community?  
Send to: [benarty25@outlook.com](mailto:benarty25@outlook.com), message the FB community page or post  
in the hall post-box.

**Deadline for the September - December issue is August 1<sup>st</sup> 2020**

## Out and about before the lockdown!

### A Prosecco afternoon at Bunchrew House!



Indoor bowling at the Conon Bowling Club

Thanks must go to Traci and her team for organising outings!  
Thanks, also, for sending pics Traci!



"Wish I'd brought a doggie bag!"

The 200 club is drawn monthly by the members of the Lunch Club at The Cottage Bar.

This club helps to boost hall funds. Annual membership subs are due in December.

Monthly prizes : £50, £25, £15, and £10

June and December - £200, £100, £75, £ 50, £20 and £15

*Due to the lockdown and social distancing advice, the monthly draw has been put on hold. Draws for February and subsequent months until we're clear of this pandemic will be published, hopefully, in the next Roundabout. Thanks for your patience and understanding.*



**James McRitchie** ; Happy 9<sup>th</sup> Birthday on 9<sup>th</sup> August with love from Mum, Dad, Molly and the cats.xxxx

**Charlie Morrison** : Happy 53<sup>rd</sup> on June 21<sup>st</sup> from Fiona, Jordan and Aaron xxx

**Sophia** : 28<sup>th</sup> April. A belated Happy 10<sup>th</sup> Birthday! Love from friends and family xxx

**David Mackenzie**: Happy birthday for May 28<sup>th</sup> xxx

**Welcome to the world!** Janette and Colin, Birch Drive, had the pleasure of welcoming their daughter, Kasatria Tiosanna, on Saturday 28<sup>th</sup> March 2020.

### Thank you!

The owners and staff of the Maryburgh Shop have been real heroes during this crisis. Always open and always well stocked. If there's anything you want or need which is not in stock, they will do their best to get it for you by the next day – with no inflated prices. Local service for local people. Well done – and a massive thank you!

We have had a very sharp reminder that we live in a community and that we depend on each other. Maryburgh community would like to thank the volunteers who have kindly shopped and carried out other activities to help those who have been unable to get out and about.





## Maryburgh Pipers

Taken from Facebook, with permission

"It's Thursday again – 8pm-, and what an absolutely stunning evening to be out playing for our key workers and NHS staff. It was great to see some drumming too!"

Strathpeffer District and Pipe Band have been playing at this time every week.

Thanks and well done to Maryburgh pipers: David Mackenzie, David Macleod, Alan Mchardy, Sean Mackenzie and drummer, Andrew Manson.



The new planters above the sports pitch have looked beautiful this spring Thanks to Tom, Eilidh and Fiona.

Now that the dwarf daffodils have passed, the perennials are starting to come into their own.



## Maryburgh Free Church

Sunday Services are available under Maryburgh Free Church on YouTube for anyone who might want to tune in.

Times are: 11am and 6pm

This lockdown period is especially hard for people with depression.  
Call **Samaritans : 116 123** to talk in confidence.

**What's on in Maryburgh and district when the lock down and social distancing are over and, hopefully back to normal.**

5

**Stay safe everyone!**

**Hall: Monday:** Highland Radio-Controlled Car Club. 6.30pm – 9pm. First night FREE!  
Adults: £7. Under 16s: £4. Any RC car can be used. Just bring it along.  
Club cars can be hired. Sockets available for charging.

**Tuesday: Rainbows** 5.15 -6.15pm **Brownies** 6.15 -7.30pm **Guides:** 7.30 – 9pm

**Wednesday: Available**

**Thursday:** Martial Arts 7 - 9pm. £5/1hr, £8 / 2hrs. First Class free. Min age 5yrs  
First class free. No upper age limits

**Friday: Available**

**\*To book the hall, contact: <http://maryburghhub.info/hall-booking-enquiries/>  
email: [contact@maryburghhub.info](mailto:contact@maryburghhub.info) Call Steph: 07970 010 718**

**Senior Citizens Lunch Club:** The Cottage Bar 12 noon on Wednesdays. All welcome!

**SWI:** Meets on the second Monday of the month in The Leanaig Centre, Conon Bridge, from September to May. (7.30pm) New members always welcome. Find us on Facebook: Maryburgh and Conon Bridge SWI

**Kempo** Junior classes. 8 – 15 yrs. Thursday evenings. 6-7pm. Leanaig Centre. Exciting activities, martial arts skills, powerful character lessons and more.  
Contact: [schoolofselfdefence@outlook.com](mailto:schoolofselfdefence@outlook.com) T: 07946 872606

**Maryburgh and District Outdoor Bowling Club:**

May-September Thursday afternoons, Tuesday and Friday evenings. Bowling Pavilion, Conon Bridge. 6.45pm for a 7pm start. New members are more than welcome, so why not give it a try?

**Rainbows and Brownies**

Tuesdays: Rainbows – 5.30 – 6.30pm. Brownies – 6.30 – 7.30pm. Maryburgh Hall

There are places available in both Brownies and Rainbows now. Register interest on [www.girlguiding.org.uk](http://www.girlguiding.org.uk) and follow the join us link.

**The Badminton Club** Mondays at The Leanaig Centre. 7.30pm – 9.30pm

£3.00 per session (£2.00 for Hi Life members) New members always welcome

**Beavers, Cubs and Scouts**

**Conon Church Hall:** Beavers: - Tuesday, 6.pm – 7.pm,

**Leanaig Centre:** Cubs:- \_Once the new leaders have their PVG and basic training –

Thursday 6.30 – 7.30pm

Scouts:- Friday 7.30pm – 9.30pm

**Loch Achonachie Angling Club**

The majority of the club's fishings will open on April 1<sup>st</sup> until 6<sup>th</sup> October. If you are interested in joining the club, contact the club secretary, Mr Okain Maclellan, 19 Seaforth Drive, Fortrose  
Tel: 01381620674, go to our website:<http://highlandfishing.net/> or check us out on Facebook.

**Maryburgh Community Council:** Due to the resignation of MCC members, the Community Council is in abeyance until the elections in October. Meanwhile, the Not the Community Council group meets in the wee hall on the last Wednesday of each month at 7.30 pm. All welcome! Information will be on Facebook. Please share any social media posting with those not using it!

## Wash Your Hands of Corona Virus Scams!

### Doorstep crime

Criminals targeting older people on their doorstep and offering to do their shopping. Thieves take the money and do not return.

Doorstep cleansing services that offer to clean drives and doorways to kill bacteria and help prevent the spread of the virus.

### Online scams

Email scams that trick people into opening malicious attachments, which put people at risk of identity theft with personal information, passwords, contacts and bank details at risk. Some of these emails have lured people to click on attachments by offering information about people in the local area who are affected by coronavirus.

**Fake online resources** – such as false Coronavirus Maps – that deliver malware such as AZORult Trojan, an information stealing program which can infiltrate a variety of sensitive data. A prominent example that has deployed malware is '*corona-virus-map[dot]com*'.

### Refund scams

Companies offering fake holiday refunds for individuals who have been forced to cancel their trips. People seeking refunds should also be wary of fake websites set up to claim holiday refunds.

### Counterfeit goods

Fake sanitisers, face masks and Covid19 swabbing kits sold online and door-to-door. These products can often be dangerous and unsafe. There are reports of some potentially harmful hand sanitiser containing glutaral (or glutaraldehyde), which was banned for human use in 2014.

### Telephone scams

As more people self-isolate at home there is an increasing risk that telephone scams will also rise, including criminals claiming to be your bank, mortgage lender or utility company.

### Donation scams

There have been reports of thieves extorting money from consumers by claiming they are collecting donations for a COVID-19 'vaccine'.



We know that times are tough at the moment and things are not always going according to plan. To try and be there to help you, we have a new Citizens Advice helpline which is free to call on: 0800 028 1456

It will initially operate from 9am – 5pm Monday to Friday .

If you need help or advice, please call and we will do our best to guide you and give you the help and information that you need and help you to make the right choices and decisions.

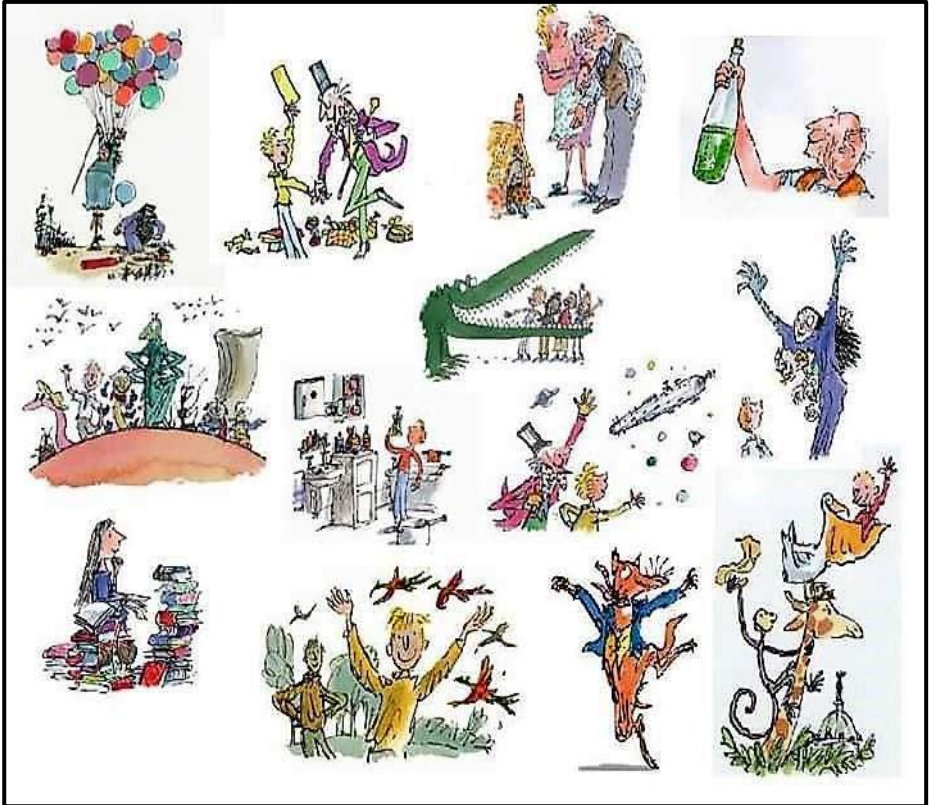
A poster for the COVID-19 Freephone Helpline. The background is green and purple. At the top right is the Highland Council logo with the text 'The Highland Council Comhairle na Gàidhealtachd'. The main text reads 'COVID-19 Freephone Helpline' and '0300 303 1362'. Below that, it says 'Providing assistance, and to collect details of individuals and community groups looking to volunteer.' and 'Monday to Friday 8am to 6pm'.

Help is available! Don't suffer in silence. Use this phone number to contact the council, private message on the Community Facebook page if you know of someone you feel needs help but doesn't like to ask or contact us on [contact@maryburghhub.info](mailto:contact@maryburghhub.info) You can also contact your local councillors directly or by Facebook.JM

# Just for fun!

## Roald Dahl Quiz

How many of his books do you recognise from the characters?



### Quick kids' quiz

1. Which planet in the Solar System is famous for its rings?
2. What word starting with the letter 'A' is any person from which one is descended?
3. Which science is the study of rocks?
4. Can you name the tallest structure in the French capital city, Paris?
5. Oompa Loompas are a group of workers in which children's book?
6. Which animal is known as the 'Ship of the Desert'?
7. In the nursery rhyme, where did the old lady with too many kids live?
8. If 'alpha' is the first letter, what is the second letter in the Greek alphabet?
9. In which season of the year do trees shed their leaves?
10. What type of crop is usually grown in paddy fields?

1. Saturn
2. Ancestor
3. Geology
4. Eiffel Tower
5. Charlie and the Chocolate Factory
6. Camel
7. A shoe!
8. Beta
9. Autumn
10. Rice

## And so it began . . . S. T.'s Social Distancing Diary excerpts

### Day 1, a day of cancellations

Should have been in school today supervising an exam but had to ask a colleague to step in. School is a dangerous environment, no-one coughs like a kid who wants to be sent home.

### Day 2, a day of disappointments. And a dream ring.

M came home and regaled me with some tales of what happened in her school. Unfortunately most of them involve bodily functions so can't be repeated here. On the plus side, she did bring me a Harry Gow's dream ring.

### Day 3, a day of culinary achievement

Now that I'm settling into my "social distancing", M is taking great delight in describing me to everyone as a "social outcast". She's convinced this is funny.

Scottish schools will close on Friday. I feel sorry for Dingwall Academy, whose motto, somewhat unfortunately, is "salve corona". Well would you send your kid to a school with the word "corona" above the door?

Here's the culinary bit: Inspired by Masterchef, got busy in the kitchen. Using my newly bought milk, made a pudding for tonight. Ok so it's only a Bird's Trifle but still counts as cooking. You have to stir it and everything.

### Day 4, a day of housework

Thursday is my housework day, did all the hoovering, dusting, surfaces and floors. The house is gleaming and smells delightful. There's a theory that I spray Mr Sheen in the air, and liberally douse the loo with toilet duck just before M comes home. Of course I deny it, wouldn't you?

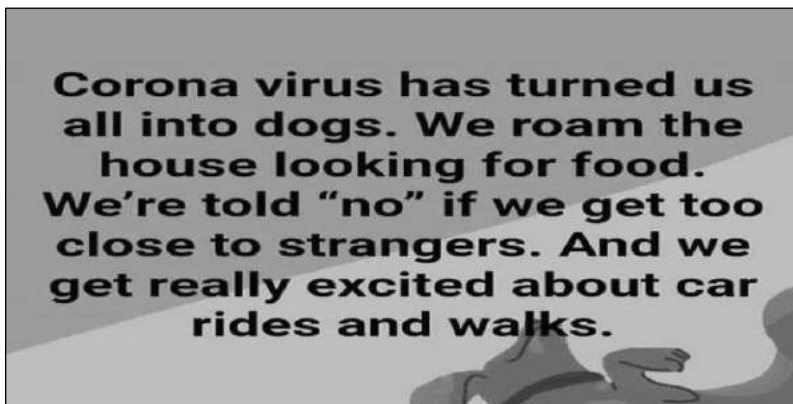
### Day 5, a day of washing

Lovely sunny morning. M put a washing on before she left for school and I hung it out after my morning walk. Carefully sorting everything out so that smallest things go on the left, largest on the right. My underwear fits in naturally between "beach towel" and "bell tent".

### Day 6, a day of walking. And more walking.

Following my successful completion of the prize crossword, M and I walked (again!) to Dingwall to pop it into the mail. It's around a mile and a half each way and I did it twice, so that makes my daily walking total at least 6 miles. And all those calories expended without a cooked breakfast. No wonder I'm fading away.

Follow ST's continuing social distancing adventures on Facebook!





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